

Infracolor Sauna Program



**INFRARED HEAT, LIGHT & SOUND
COME TOGETHER TO SOOTHE MIND,
BODY & SPIRIT**



**CONTACT A SAUNA EXPERT TODAY
CALL: 877-214-2317
E MAIL: info@sourcenetworksam.com**



LIFESMART INFRA-COLOR SAUNA THERAPY

- Tibetan, Chinese, and Indian Medical Practitioners have known for thousands of years that colors each have their own transformational and healing characteristics.
- Here in the USA where we spend more and more time in enclosed areas under artificial lights, any effect of color and light becomes important. Richard J. Wurtman, a nutritionist at the Massachusetts Institute of Technology has done years of clinical research & experiments to prove that different colors affect blood pressure, pulse and respiration rates as well as brain activity and biorhythms. As a result, colors are now used in the treatment of a variety of diseases.



LIFESMART INFRA-COLOR SAUNA THERAPY

Body

Colors are certain wavelengths of electro-magnetic energy seen through our eyes. The color we see is the part of the visible spectrum that is reflected back by a certain object.

Color

What is color and what does it affect?

Mind

Emotions



LIFESMART INFRA-COLOR SAUNA THERAPY

- **Yellow:** Yellow is a very important color for those suffering from depression. It is very cheerful and, because it is the color of the sun, is believed to be very helpful in reducing feelings of anxiety and depression. Who can be sad on a beautiful and sunny day? It may also help build nerves and change our way of thinking.
- **Indigo:** Indigo is a bluish-purple commonly associated with the psyche. It promotes clear thinking and helps the mind to relax more fully. The soothing effect of indigo combined with the heat is a wonderful way to relax away a cold or bronchitis.
- **Orange:** Orange is very helpful if you are suffering from a form of mental hindrance. It can also promote the release of unwanted habits, making it an excellent option for those who feel like they have tried everything. Whether trying to quit smoking, biting fingernails, or getting rid of a more serious habit orange could be a helpful ally.



LIFESMART INFRA-COLOR SAUNA THERAPY

- **Blue:** Blue has long been seen as a color that promotes clear thinking and communication. Being able to openly express what you are thinking and feeling in a concise and cohesive manner can help you rid yourself of stress and manage anger more effectively.
- **Red:** Red is the final color in the light therapy spectrum. This type of light therapy is very beneficial for women and can make an overall difference in a woman's life. Red is also commonly used for those who suffer from a loss of strength, and the light therapy can be helpful toward increasing feelings of strength and wellness



LIFESMART INFRA-COLOR COMBINATION HEATER THERAPY

Carbon vs. Ceramic??

Our Combination Heat System Offers The Best Of Both Worlds

Our Exclusive Combination System offers the perfect match of the best Far Infrared Heating Elements Available Today. Our System Produces 9 Times Greater Skin Penetration Than a Standard Sauna For Maximum Health Benefits



**CERAMIC HEATERS
ARE SMALLER AND
MORE DIRECTIONAL**



**ALL INFRACOLOR SAUNAS
FEATURE A FLOOR HEATER
FOR FOOT REFLXOLOGY
THERAPY**



**CARBON TECH
HEATERS
OFFER WIDER HEAT
DISPERSION**

Infracolor Sauna Program



INFRACOLOR SAUNA FAQS HOW IT WORKS



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INFRACOLOR SAUNA FAQS

- Q. DOES THE SAUNA REQUIRE ASSEMBLY?
- A. YOUR SAUNA ASSEMBLES IN ABOUT 30 MINUTES
- Q. IS THERE SPECIAL WIRING NEEDED?
- A. NO, ALL SAUNAS ARE 110 VOLTS AND CAN BE PLUGGED DIRECTLY INTO ANY DEDICATED 15 OR 20 AMP HOUSEHOLD OUTLET 20 AMP SAUNAS REQUIRE A 20 AMP RECEPTACLE
- Q. HOW MUCH ELECTRIC DOES THE SAUNA USE?
- A. MOST USE ABOUT 1500 WATTS, SAME AS A HAIRDRYER
- Q. WHERE CAN I PUT THE SAUNA?
- A. ANYWHERE IN THE HOUSE. ALL SAUNAS ARE FOR INDOOR USE ONLY
- Q. IS THERE A PROBLEM WITH MOISTURE FROM THE SAUNA?
- A. NO, THIS IS DRY HEAT. NO MOISTURE IS PRODUCED OTHER THEN SWEAT. THERFORE, YOU CAN LOCATE YOUR SAUNA ANYWHERE LIKE A WALK IN CLOSET, SPARE ROOM, BEDROOM, ETC.

INFRACOLOR SAUNA FAQs

Q. WILL THE WOOD ABSORB PERSPIRATION AND CREATE MILDEW?

A. NO, YOUR SAUNA IS MADE FROM A SPECIAL NON -TOXIC HEMLOCK THAT IS SOLID HARD WOOD IT WILL NOT ABSORB PERSPIRATION AND CREATE MILDEW OR BACTERIA. THIS IS COMMON WITH A ROCK & WATER SAUNA. NOT WITH AN INDOOR INFRARED SAUNA.

Q. IS THE INFRARED SAUNA SAFE FOR MY SKIN?

A. ABSOLUTLEY. UNLIKE UV RAYS, INFRARED RAYS ARE 100% SAFE.

Q. IS THIS BETTER THEN THE “ROCK & WATER” SAUNA LIKE AT A GYM?

A. YES, IT IS FOR MANY REASONS, INCLUDING THE LOWER OPERATING

TEMPERATURE. REGULAR SAUNAS OPERATE AT 200 TO 250 DEGREES.

THIS CREATES A MOIST ALMOST STIFLING EFFECT. THE DRY SAUNA OPERATES AT 80 TO 130 DEGREES. YOU CAN STAY AND ENJOY THE BENEFITS LONGER.

INFRACOLOR SAUNA BENEFITS

■ It's Healthy

■ Passive Weight Loss-

■ Your body must expend energy (calories) to produce sweat, so a single sauna session can burn as many calories as you would jogging for 30 minutes.

■ Improves Blood Circulation-

■ As your body produces sweat to cool itself, your heart works harder pumping blood at a greater rate to boost circulation, supplying the conditioning effects of exercise.

■ Strengthens Your Immune System-

■ Heat exposure to the skin stimulates production of white blood cells and strengthens the immune system.

■ Improves Skin Tone-

■ The profuse sweating achieved after just a few minutes in an infrared sauna carries off deeply imbedded impurities and dead skin cells, not only leaving your skin glowing and immaculately clean, but also giving you improved skin tone, elasticity, texture and color.

■ Removes Toxins and Mineral Waste-

■ Increased blood circulation stimulates the sweat glands, releasing the built-up toxins and waste that your body trapped in the fatty layers just beneath your skin.

■ It's Therapeutic

■ Pain Relief for Stiff Joints and Muscles-

■ The deep heat of an infrared sauna helps peripheral blood vessels dilate, bringing relief and healing to muscle and soft tissue injuries.

■ Effective for Arthritis, Bursitis-

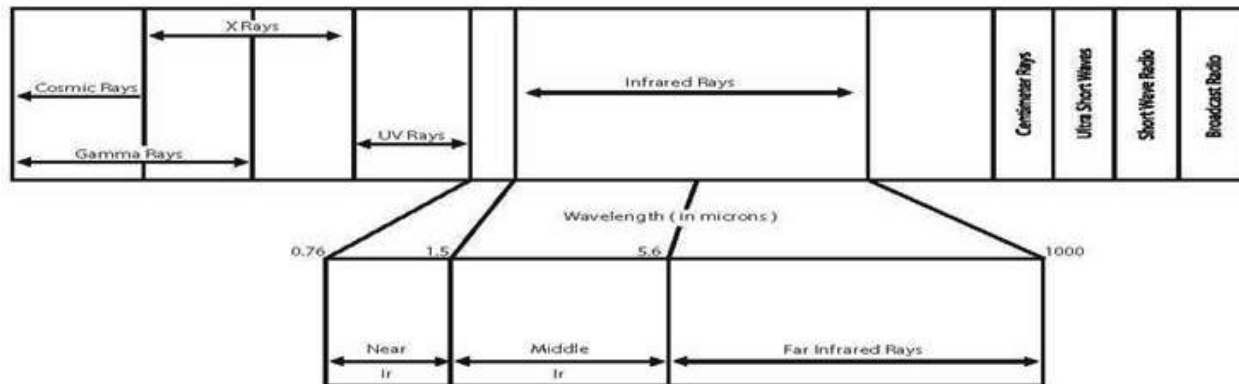
■ In Europe, radiant heat is widely used to treat patients suffering from many forms of arthritis, and has proven effective in the treatment of sprains, neuralgia, bursitis, muscle spasms, and many other muscular-skeletal ailments.

INFRACOLOR INFRARED HOW IT WORKS

WHAT ARE INFRARED RAYS?

Infrared is the band of light we perceive as heat. We cannot see this band of light with the naked eye, but we can feel this type of light in the form of heat. Our sun produces most of its energy output in the infrared segment of the spectrum. Infrared rays heat your body without having to heat the air in-between. This process is called **conversion**.

The infrared is divided into 3 segments by wavelengths measured in microns: near infrared: 0.76-1.5 microns; middle infrared: 1.5-5.6 microns; and far infrared: 5.6-1000 microns. Among these segments, only far infrared penetrates organic substances such as the human body two to three inches so that the warming effect is very uniform.



ARE INFRARED RAYS SAFE?

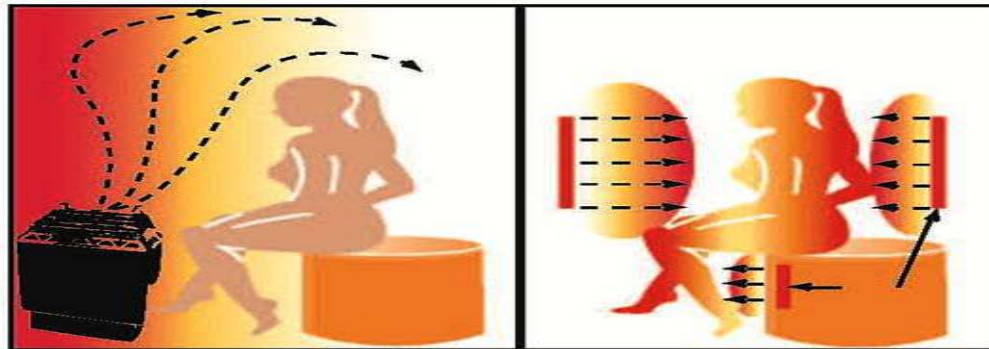
Because infrared rays are part of sunlight, they are not only safe but also highly beneficial to our bodies on a cellular level. Health professionals have used infrared heat lamps for decades to **treat muscle and joint problems**. In hospital baby care units, incubators are often equipped with infrared heating systems to **keep newborn babies warm**.

INFRACOLOR INFRARED HOW IT WORKS

HOW IT WORKS

Infrared Saunas differ from traditional saunas in that they use infrared radiant energy to directly penetrate into the body's tissue to produce perspiration.

Traditional saunas use steam to heat the air inside the sauna, which then heats your body until you begin to perspire. In order for this to be effective, temperatures would need to reach in the upwards of 190 degrees Fahrenheit. Infrared saunas only need a temperature of up to 120 degrees Fahrenheit to obtain the same effect. This lower temperature makes the environment more tolerable and allows you to breathe easier.



Traditional

Infrared

BENEFITS

Because infrared rays penetrate the body through convection, there is a deep heating effect in both the muscle tissues and internal organs without putting too much burden on the heart.

Our body reacts to the increased heating through the **natural cooling process of perspiring**. Through the perspiration process, **acid and waste residue** like toxins, sodium, alcohol, nicotine, cholesterol and the potentially carcinogenic **heavy metals are removed from the cells** (especially zinc, lead, nickel, cadmium, etc). The pores of our skin open and discharge waste products shedding any old skin cells leaving the skin glowing and clean, with improved tone, elasticity, texture, and color.

Over the last 25 years, Japanese and Chinese researchers and clinicians have completed extensive research on infrared treatments and have reported many provocative findings. In Japan, there is an "infrared society" composed of medical doctors and physical therapists dedicated to furthering infrared research. Their findings support the health benefits of infrared therapy as a method of healing.

Infracolor Saunas Program

INFRACOLOR SAUNA MODELS



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LifeSmart InfraColor-Therapy 2 Person Infrared Sauna

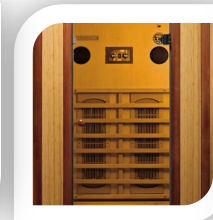
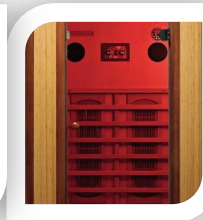
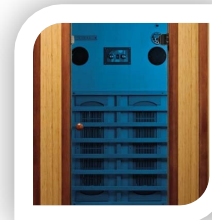


- **2 Person Capacity**
- **Hardwood Hemlock Construction No Toxic Glues or Fillers Used**
- **Combination Heat System 4 Carbon Tech & 2 Ceramic Heaters Including Floor Heater**
- **5 Chromo Therapy Infusion Light Slide Mood Lights Promote Wellness**
- **Tempered Glass Door Opens**
- **110v/15 amp Electrical**
- **FM Radio w/MP3 Hookup**
- **Pre Amp and 2 Dynamic Speakers**
- **Interior Controls**
- **Internal Reading Lamp**
- **Assembled Dimensions: 54"W x 48"D x 74.5"H**
- **Warranty: One Year Limited**



Model# LS-RD2PIC

Our new Chromo Therapy 2 Person Sauna features the best of all worlds. Our exclusive Carbon Tech heaters provide the ultimate in therapy and detoxification. We have added the latest in relaxation therapy with our Chromo Therapy Infusion Mood Lighting for the Ultimate Sauna Experience to soothe mind, body & spirit



LifeSmart InfraColor -Therapy 3 Person Infrared Sauna

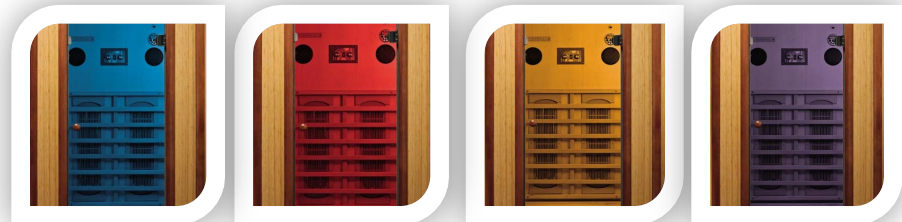


- **3 Person Capacity**
- **Natural Hemlock Hardwood Construction No Toxic Glues or Fillers Used**
- **Combination Heat System 5 Carbon Tech & 2 Ceramic Heaters Including Floor Heater**
- **5 Chromo Therapy LED Infusion Mood Lights Promote Wellness**
- **Tempered Glass Door**
- **110v/20 amp Electrical 20 Amp Receptacle Required**
- **FM Radio & MP3 Hookup**
- **Pre Amp and 2 Dynamic Speakers**
- **Digital Controls**
- **Internal Reading Lamp**
- **Assembled Dimensions: 55"W x 42D x 75 H**



Model# LS-RDC3PIC

Our new Chromo Therapy 3 Person Sauna features the best of all worlds. Our exclusive Carbon Tech heaters provide the ultimate in therapy and detoxification. We have added the latest in relaxation therapy with our Chromo Therapy Infusion Mood Lighting for the Ultimate Sauna Experience to soothe mind, body & spirit



LifeSmart InfraColor -Therapy

3 Person Corner Infrared Sauna

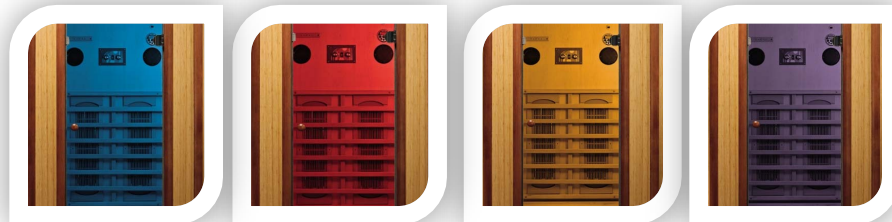
- 3 Person Capacity Space Saving Corner Design
- Natural Hemlock Hardwood Construction No Toxic Glues or Fillers Used
- Combination Heat System 5 Carbon Tech & 1 Ceramic Heaters Including Floor Heater
- 5 Chromo Therapy LED Infusion Mood Lights Promote Wellness
- Tempered Glass Door
- 110v/20 amp Electrical 20 Amp Receptacle Required
- FM Radio & MP3 Hookup
- Pre Amp and 2 Dynamic Speakers
- Digital Controls
- Internal Reading Lamp
- Assembled Dimensions: 52"W x 52D x 79 H
- Warranty: One Year Limited



Model# LS-RCC3PIC



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Infracolor Saunas Program



**THANK YOU FOR YOUR INTEREST
ENJOY YOUR NEW INFRACOLOR
SAUNA!!**



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